

**Third B.Sc Nursing (Ayurveda) Degree Supplementary Examinations  
August 2024**

**Panchakarma – II**

**Time: 3 Hours**

**Total Marks: 100**

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers

**Essays:**

**(2x10=20)**

1. Explain preparation and procedure of takradhara (तक्र धार)
2. Explain the procedure of kayaseka, its benefit and types (कायसेक)

**Short notes:**

**(10x5=50)**

3. Explain Choorna pinda sveda (चूर्ण पिण्ड स्वेद)
4. Classification of jalooka (जलूक)
5. Explain shirovasti (शिरोवस्ति)
6. Explain annalepavidhi (अन्नलेपविधि)
7. Explain vidalakam (विडालकं)
8. Explain alepa vidhi (आलेप विधि)
9. Contra indication of kshara karma (क्षार कर्मम्)
10. Explain siro abhyanga (शिरो अभ्यङ्ग)
11. Explain yonipoorana (योनीपूरण)
12. Explain talapothichil

**Answer briefly:**

**(10x3=30)**

13. Contra indication of agnikarma (अग्निकर्म)
14. Prachanam (प्रच्छानं)
15. Samsarjanan kramam (संसर्जन क्रमम्)
16. Anjanam (अञ्जनं)
17. Greevavasti (ग्रीवा वस्ति)
18. Karnapooranam (कर्णपूरणं)
19. Dhoomapana vidhi (धूमपान विधि)
20. Gandoosham (गण्डूषं)
21. Uthara vasti (उत्तरवस्ति)
22. Kukudanda svedam (कुक्कुटाण्ड स्वेदं)

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